

Goal Statement, Objective, and Intervention Checklist

Please read what you wrote and confidently be able to verify these areas are addressed. A member's **GOAL or Desired Outcome** includes; Goal Statement, Objective, and Interventions

- ☐ The **Goal Statement** is in the person's own words.
- ☐ The **Goal Statement** identifies what the member wants to achieve or what is the intended outcome. The statement must be in first-person language (ex. I will...) or with identifying legal rep speaking on behalf of the person.
- ☐ The **Objective** is S.M.A.R.T. Specific, Measurable, Attainable, Relevant, Time-Bound.
- ☐ Every **Objective** should be short, simple, and to the point. It will answer the question, how will any one reading the plan know if the goal is achieved?
- ☐ The **Intervention** can detail what the person can currently do (baseline/their contribution)/why this is important.
- ☐ The **Intervention** identifies what community or natural supports have been exhausted before CMH services requested.
- ☐ The **Intervention** identifies what support is needed to help achieve the outcome/goal. Use phrase such as, "budget flexibility will be used for ____."
- ☐ The **Intervention** must identify what services the person will self-direct with a statement such as, "X will self-direct his community living supports. However, other supports may be used in lieu of this service to accomplish the goals in the IPOS as long as the total budget is not exceeded".
- ☐ The **Intervention** identifies how often (hours, # of times per week/month) the person needs help/the service to have the best opportunity to achieve goals; the amount, scope, and duration of services (ie. authorization). This total should be reasonable to accomplish the intended outcome.
- ☐ The **Intervention** identifies the number (can be a range) of members the service(s) is shared with. This must be included in all applicable interventions.
- ☐ The **Intervention** is detailed enough to be a "job description" or details the steps to give the person the best opportunity to learn/achieve their goal.
- ☐ The **Intervention** identifies how staff will document progress.
- ☐ The **Intervention** identifies the SC will review/document progress on goals.